**一：**

无

**二：**

1. The concept of death is absolutely terrifying at least in my opinion.

( at least in my opinion 至少在我的观点 )

1. Just like literally everything could be gone in the blink of an eye.

( in the blink of an eye 眨眼间 )

**三：**

1. Living and traveling out of my van so far has really helped me start to embrace the impermanence of life.

( ing的句子 has been 什么 什么)

EG: staying here and experiencing so many things that I’ve never seen for so long has showed that it’s worth to waste a lot of time waiting for the right moments.

**四：**

1. Constantly being in new places surrounded by different energies and new people for such short amounts of time has shown me how temporary each moment of life truly is.

( 学会句子 + how语句的使用

How + adj + n + ( v / is are )

)

EG：I have no idea how hard each episode of my work is.

1. It’s kind of just made me more afraid to die knowing how fast life can feel like it’s moving.

(这个也是和上面一样学会 how 的使用)

1. In attempt to actually confront my fear of dying, I decided to embark on an adventure that literally could’ve resulted in my death.

( in attempt to... , I decided to ... 记住这个句型

Result in + n / 句子

句子： n+ v ing

So it results in me feeling so tired

So it results in my brain just constantly being in this like work mode.

)

EG: In attempt to climb up this mountain, I decided to get enough stuff from the grocery, there’s the camp, water, and some super food.

**五：**

1. It has been an absolute dream destination of ever since I found out about it online.

( ever since 从那时起 )

EG：it was one of my favourite food ever since I’ve tasted it.

1. I’ve always known the it’s something that I have to be able to experience before I eventually one day die

(比较好的句子)

1. So yeah I guess I figure what better way to celebrate my 20th year of life is to risk my life.

(比较好的句子)

**六：**

1. Are we gonna cut one more thing, taking the fucking scissors away from me.

( one more thing 再多一件事 同样：one more time 在多一次

Take .. away from .. 什么远离什么

)

EG: check it one more time to make sure everything is fine.

Taking the bug away from me,, I’m terrified of it.

**七：**

1. So we just had to undo all the knots we previously made to these things instead to actually step in.

( instead的用法 表示与前面的实现不同

Step in 介入 干预

)

EG: I didn’t eat anything, I just go shopping to get some snack to eat instead.

1. So going back to my main point I think we as humans all trend to fear death in one way or another

( going back to 回到

In one way or another 位于句某 常用语

)

EG: going bank to the place we first get, everything is so familiar in one way or another.

1. We may never understand what it’s to truly be alive.

(+句子的 what it’s to ... 什么to 去什么 )

EG: if we never go out to travel,, and we will couldn’t understand what it’s to be truly happy.

**八：**

1. I definitely not trying to say that risking your life is the only way to feel live though.

(一个好句子 though 不过 )

(though和although意思一样 一个句尾 一个居首)

( Even though 和 Even if 即使 虽然

通常 表达一种假设或者不太可能的事

)

EG: I’m not saying I’ve completely finished it thought.

1. Looking back on so far,, the most alive I probably ever felt was when I was a kid.

( 句子也不错值得背 look back on 回顾 )

EG：look back on my childhood, i don’t know how I go through it.

1. And I think that’s because kids seem to make the most out of anything and everything.

( seem to 似乎做某事 )

EG：worse-case we seem to get one place that we’ve just walked, maybe we lost

1. I feel like I’ve started to take life way too seriously,, which has obviously restricted me from feeling young and alive again.

( take ... too seriously 把..太当回事 看得太重

restrict .... from doing ... 限制/阻止某人做某事 等于keep from

)

EG：and now I stare to realize I take the work too seriously, we can leave here at 5pm,, even though you haven’t finished your work

It’s coming down, and maybe it will restrict us going out.

1. So I guess what I’m trying to say is even thought I’m getting older now,. maybe that doesn’t necessarily mean I have to grow up.

( 一个好的句子

Mean+句子 )

EG：I mean you’re so crazy.

**九：**

1. I’ve never been more ready.

( never+more这样的比较级 表示最高级 )

EG: I’ve never been better.

**十：**

1. There’s moment on that log where I had to humble myself a little bit. This was the most intense thing I’ve ever done in my entire life.

( humble someone 下面这句常用句型 )

**十一：**

1. Just not taking things too seriously and connecting with my inner child again.

( connect with )

EG: keeping connecting with me,

1. And well I guess no matter how old you get, some things never change.

EG: and I guess no matter what you did, you will never fix all the problem.

**十二：**

1. Maybe that is what makes moments so meaningful to begin with.

(+what+句子)

1. And it was like something along the lines of one day your life will flash before your eyes.

（ 这句子有点深度 ）

1. I want to make sure that I’m prioritizing experiencing moments that truly make me feel alive.

( prioritize doing/n 优先考虑 )

EG：I prioritize going home, and finish something I had left.

1. But I no longer fear death.

(no longer do 不在做什么)

EG: there’s so many bug, it’s really scary, I no longer go back here.